

Notes

Rock Groove

Using Crotchets / 1/4 Notes

Hi Hat

1 2 3 4

Bass Drum Snare Drum

Keep your eyes
on the notes

Be able to:

- 1) Play the bass drum and hi hat together and say "1".
- 2) Play the snare drum and hi hat together and say "2".
- 3) Then play each beat accurately and slowly, counting out loud "1, 2, 3, 4".
- 4) Play the whole rhythm four times slowly without any hesitations.
- 5) Play the whole rhythm round and round comfortably without stopping.
- 6) Very gradually increase the tempo (speed).

Note - don't accelerate through the rhythm, play very slowly at first and stay at that speed. Then play slightly faster, but then again stay at that new speed. When comfortable, i.e no hesitations, take the tempo up slightly again and stay at that new speed. Continue the same formula for increasing the tempo.

GO SLOW!

Count out
Loud.