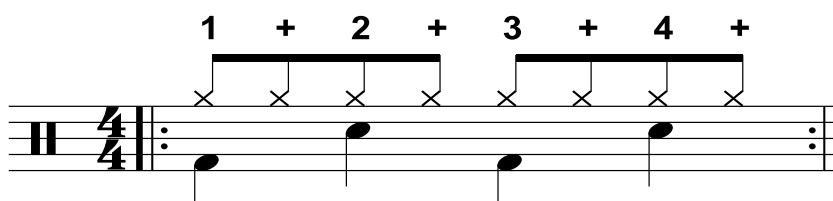


Notes

Rock Groove

Using Quavers / 8th Notes on the Hi Hat



Be able to:

- 1) Play the bass drum and hi hat together and say "1".
- 2) Play hi hat on its own and say "AND" (+).
- 3) Play the snare drum and hi hat together and say "2".
- 4) Play hi hat on its own, and say "AND" (+).
- 5) Repeat for beats "3 +" and "4 +"
- 6) Play each beat accurately and slowly, counting out loud "1 + 2 + 3 + 4 +".
- 7) Play the whole rhythm four times slowly without any hesitations.
- 8) Play the whole rhythm round and round comfortably without stopping.
- 9) Very gradually increase the tempo (speed).

Note - don't accelerate through the rhythm, play very slowly at first and stay at that speed. Then play slightly faster, but then again stay at that new speed. When comfortable, i.e no hesitations, take the tempo up slightly again and stay at that new speed. Continue the same formula for increasing the tempo.

Keep your eyes
on the notes

GO SLOW!

Count out
Loud.