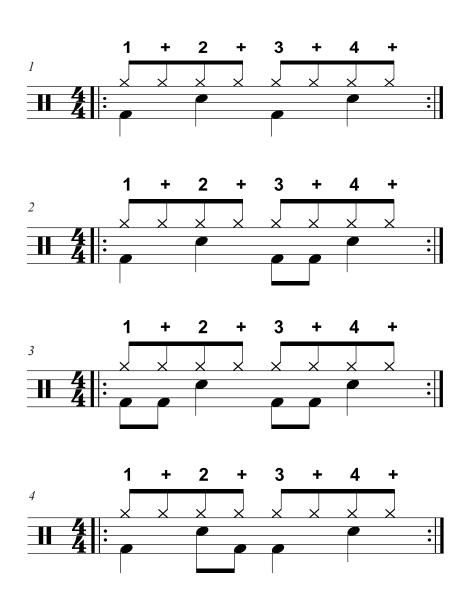


Rock Grooves

Quavers / 8th Notes on the Hi Hat



Be able to:

- 1) Play each beat accurately and slowly by keeping your eyes on each note as you play it, and count out loud "1 + 2 + 3 + 4 +".
- 2) Play each rhythm four times slowly without any hesitations.
- 3) Play each rhythm round and round comfortably without stopping.
- 4) Very gradually increase the tempo.
- 5) Play each rhythm four times, and go straight on to the next without stopping.
- 6) Play each rhythm once and go straight on to the next without stopping so you can play 1 4 straight through and back round again without any hesitations.

Notes

Keep your eyes on the notes

GO SLOW!

Count out Loud.